

Clay Center Housing

May 2016

Office Hours:

9 AM—Noon Monday—Friday

1 PM—4 PM Monday & Wednesday

Newsletters and statements are available at the office the last week of each month, after the 25th. Each household is responsible for picking these up and **READING** the information provided. **ONLY** during window hours— Tuesday & Friday mornings from 9 AM to Noon—may tenants purchase stamps, get change and pay rent in person. Checks and money orders may be placed in the drop box slot on the office door.

Outside of window hours tenants should call before coming to the office to verify that someone is available to speak with you. Tuesday, Thursday & Friday afternoons are set aside for interviews and paperwork, therefore we may not answer the phone or door at these times. Please make arrangements to pickup packages between 8 AM and Noon.

If you have a lock-out call 785-632-2100 or come to the office. Only in an emergency, in the evenings or on weekends, should you call 785-447-9352. For a work order, **CALL** the office. It is **NOT** necessary to come to the office, just call. Leave a message stating unit number, nature of problem and whether maintenance has permission to enter. Your needs will be addressed as soon as possible in the order of urgency.



330 West court Street, Clay Center, KS

Telephone: 785-632-2100 Fax: 785-632-6363

Website: claycenterhousing.com

Like us on Facebook!

KS Relay Center TDD 800-766-3777



May is National Water Safety Month

As the weather warms up, pools are preparing to open and crowds are gearing up to head to the beach. National Water Safety Month is the perfect time to ensure you and your family are prepared to spend a fun, safe day by the water. And the American Red Cross can help!

Contact your local aquatic facility to find Lifeguarding and Swimming classes provided by Red Cross instructors.

Swimming is the most popular summer activity. While the best thing you can do to help your family stay safe is to enroll in age-appropriate swim lessons, it is also important to follow these water safety tips whenever you are in, on or around water:

- ◆ Swim in designated areas supervised by lifeguards.
- ◆ Always swim with a buddy
- ◆ Never leave a young child unattended near water
- ◆ Have young children or inexperienced swimmers wear U.S. Coast Guard-approved life jackets around water, but do not rely on life jackets alone.
- ◆ Establish water safety rules for your family and enforce them without fail.
- ◆ If you go boating, wear a life jacket! Most boating fatalities occur from drowning.
- ◆ Avoid alcohol use. Alcohol impairs judgment, balance and coordination; affects swimming and diving skills; and reduces the body's ability to stay warm.

Take a minute today to sign up for a swimming course and review water safety tips before summer arrives.

Protecting Yourself in the Sun

Sunlight contains ultraviolet (UV) radiation, which causes premature aging of the skin, wrinkles, cataracts, and skin cancer. The amount of damage from UV exposure depends on the strength of the light, the length of exposure, and whether the skin is protected. *There are no safe UV rays or safe suntans.*

Skin Cancer

Sun exposure at any age can cause skin cancer. Be especially careful in the sun if you burn easily, spend a lot of time outdoors, or have any of the following physical features:

- Numerous, irregular, or large moles.
- Fair skin.
- * Freckles.
- * Blond, red, or light brown hair

Self-Examination

It's important to examine your body monthly because skin cancers detected early can almost always be cured. The most important warning sign is a spot on the skin that is changing in size, shape, or color during a period of 1 month to 1 or 2 years.

Skin cancers often take the following forms:

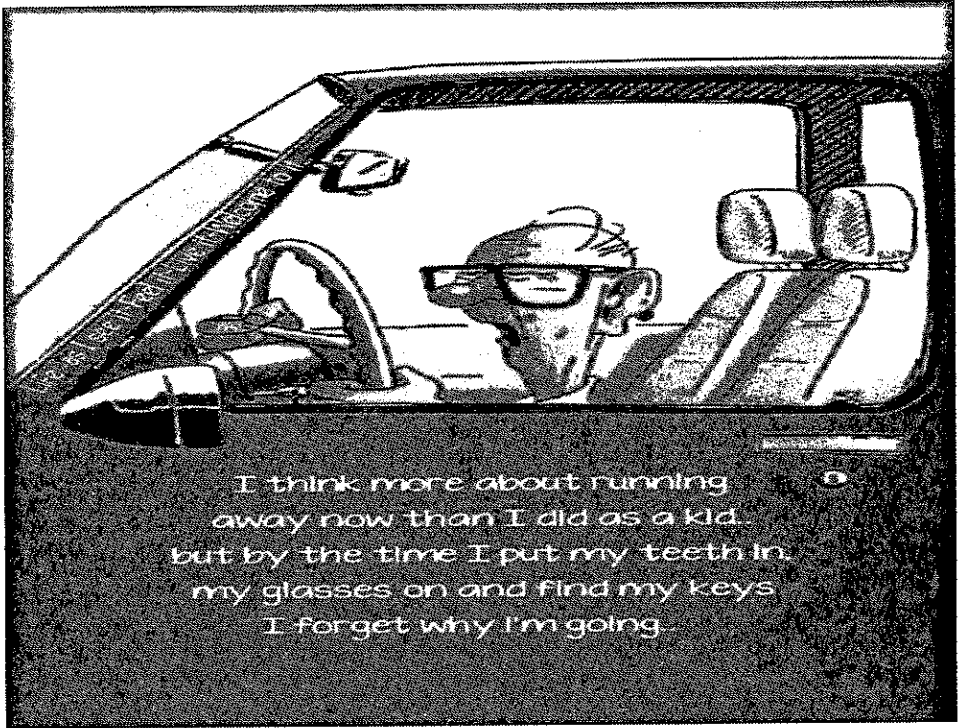
- Pale, wax-like, pearly nodules.
- Sores that don't heal.
- * Red, scaly, sharply outlined patches.
- * Small, mole-like growths - melanoma, the most serious type of skin cancer.

If you find such unusual skin changes, see a health care professional immediately.

Block Out UV Rays

- **Cover up.** Wear tightly-woven clothing that blocks out light. Try this test: Place your hand between a single layer of the clothing and a light source. If you can see your hand through the fabric, the garment offers little protection.
- **Use sunscreen.** A sun protection factor (SPF) of at least 15 blocks 93 percent of UV rays. You want to block both UVA and UVB rays to guard against skin cancer. Be sure to follow application directions on the bottle.
- **Wear a hat.** A wide brim hat (not a baseball cap) is ideal because it protects the neck, ears, eyes, forehead, nose, and scalp.
- **Wear UV-absorbent shades.** Sunglasses don't have to be expensive, but they should block 99 to 100 percent of UVA and UVB radiation.

Limit exposure. UV rays are most intense between 10 a.m. and 4 p.m. If you're unsure about the sun's intensity, take the shadow test: If your shadow is shorter than you, the sun's rays are the day's strongest.



A policeman was taking a vandalism report at an elementary school when he was interrupted by a six year old girl. She looked up and down at his uniform and asked, "Are you a policeman?"

"Yes, I am," he said.

"My mother told me that if I ever needed help I should ask a policeman. Is that right," the girl asked.

"Yes it is," said the policeman.

The girl extended her foot to the policeman and said, "OK, then, would you tie my shoe?"



A few weeks after the death of my father-in-law, I found my seven year old crying in his bed. His grandmother had died the previous year., and he was taking it all very hard. "You know Kyle," I said, "when we die, we'll get to see grandma and grandpa again in heaven."

With tears falling down his face, Kyle cried, "That's easy for you to say. You don't have that long!"

1 HAPPY MEMORIAL DAY

Spring Flower Word Search

Can you find all the names of the Springtime flowers?

K R H A I L H A D X W G J F D
C J N Z T S A Y N O E P V A L
A A L N W U U B R K U W Q I S
M F L I N A R C I S S U S L N
E O H L L I R R O Y C I V O O
L R S Y I Y V E L R J P S N W
L S H T L C H A W D C A W G D
I Y S E E I S E N O M E N A R
A T M C A L L A L I L Y F M O
P H O K T Z O A W A O F P S P
I I S X D Z W I C D O S Y Y S
L A S O B H I U V D S N G A K
U J O L H Y A C I N T H S U M
T C L H L R Q L O U J W W W D
D J B P L M U I L L I R T P H

ANEMONE
BLOSSOMS
CALLALILY
CAMELLIA
CROCUS
DAFFODIL
DAHLIA
FORSYTHIA
HYACINTH
LILAC
LILY
MAGNOLIA
MAYFLOWER
NARCISSUS
PEONY
PHLOX
SCILLA
SNOWDROPS
TRILLIUM
TULIP
VIOLETS

TENANT NOTICES

The office will be closed May 30th for Memorial Day. There will be no maintenance staff available for work orders that day. If you have a need call the office and leave a message. Most work orders from the holiday weekend will be addressed on Tuesday. Any emergency should be reported by calling the cell number: **447-9352**.

Emergencies at the properties usually require a call to the office (632-2100) or after regular office hours use the cell number (447-9352). An emergency would include any water issues, a fire, someone stuck in an elevator or a lock-out. A package, work order or complaint is NOT an emergency, call the office. During regular office hours we will answer the phone if we are available, otherwise leave a message and someone will respond as soon as possible.

Memorial weekend the Clay Center Aquatic Park will open. This is a reminder to take extra precautions when crossing or walking along Dexter Street behind the property. There will be increased traffic and many drivers not paying attention.

Happenings around the property: Coming this summer—New laundry machines! There will be top load and front load washers but all machines, both washers and dryers will be high efficiency/energy savers.

We are working on the bids to build a storm shelter for Tolin Terrace. Be on the lookout for some increased activity on the West edge of the property in the upcoming months.

We will bring back food and drink vending very soon. Check to see if we have your favorite snack!

Spaces in the parking lots of all HA properties are for the tenants and their guests. All spaces are available on a “FIRST COME, FIRST SERVED” basis. Yes, leaving the spots close to the entrances for those with mobility issues would be the kind thing to do but everyone can pretty much park wherever they like. While there isn’t as many spaces as apartments there is plenty of parking available. Other places to park besides in the lots would be — on Court Street in front of the properties, diagonal spaces on both “B” and “C” Streets and off Dexter Street across from Apollo or near the park North of Parkview.

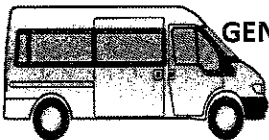
A free **PERSONAL FINANCE** class will take place **Saturday May 14th at 2 PM** in the Apollo Towers Media Room. If you constantly have trouble paying your rent or always need help meeting your monthly financial obligations, this class is for you. Plan on joining John as he covers basic planning and budgeting of your income and expenses. Contact the office with questions and to reserve your spot.



Tenant Potluck is the 2nd Friday each month at 6 PM. Why not come sample some food and conversation this month? Consider joining your fellow residents with your favorite dish on the 13th in the Apollo Community Room.

FRIENDSHIP MEALS

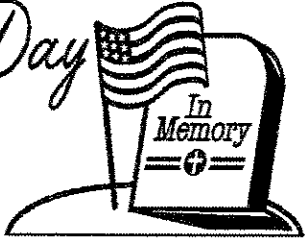
For information or questions please call 785-632-5767 or contact Amber in the Nutrition Office located next to the south entrance of Apollo Towers.



GENERAL PUBLIC TRANSPORTATION MINI-BUS SERVICE

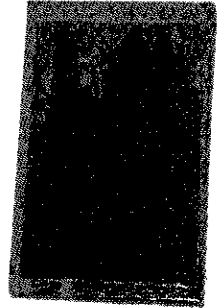
Call 785-632-2447 and schedule your ride today!

Memorial Day



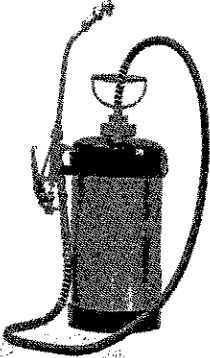
is **Monday May 30th** and the office will be closed. If you have an emergency call 447-9352, otherwise call the office and leave a message. Maintenance will take care of any work orders after the holiday.

Parkview furnace filters and smoke detector batteries will be changed **May 2nd**. The charge for these will appear on your June statement.



SPRAY DAY

Wednesday May 11th is bug spray day for Apollo Towers. Parkview & Tolin are the even months and Apollo the odd. This is your advance notice and we will spray **ALL** units.



UNIT INSPECTIONS

Apollo Towers floors 5 & 6 are scheduled for inspection on **Thursday May 12th**. You do not have to be present for this inspection.



Beauty Shop—Arlene Stewart

Located on first floor of Apollo Towers by the community room.

For an appointment call 785-630-0742

