

Clay Center Housing February 2015

Office Hours:

9AM - Noon Monday - Friday

1PM - 4PM Monday & Wednesday

Please call before coming to the office to verify that someone is available to speak with you. Make arrangements to pickup packages between 8:00AM and noon. If you have a lock-out, call 632-2100 or come to the office. Only in an emergency, on weekends or evenings should you call 785-447-9352.

Newsletters and statements are available at the office the last week of each month, after the 25th. Each household is responsible for picking these up and **READING** the information provided. ONLY during window hours - Tues. & Fri. 9AM to Noon, may tenants purchase stamps, get change and pay rent in person. Checks and money orders may be placed in the dropbox slot on the office door.

If you have a work order, CALL the office. Please leave a message stating the unit number, nature of the problem and whether maintenance has permission to enter. It is NOT necessary to come to the office, just call. Your needs will be addressed as soon as possible in the order of urgency.

330 West Court Street Clay Center, KS

Telephone: 785-632-2100

Fax: 785-632-6363

Website: claycenterhousing.com

Like us on Facebook!

KS Relay Center TDD 800-766-3777



Make A Date With Your Heart!

February is **American Heart Month**, and Valentine's Day is a great time to start taking steps to be heart-healthy.

Be heart healthy.

Prevent and control high blood pressure, high cholesterol, and diabetes. ~ Avoid smoking and second- hand smoke. ~ Limit alcohol use. ~ Maintain a healthy weight. ~ Be active. ~ Eat healthy.

Consider making a healthy meal for Valentine's Day. Serve food lower in salt and fat content, provide more fruits and vegetables, and make less sugary sweets for an overall healthy Valentine's Day.

Be protected.

Protect yourself from the cold and flu. ~ Wash hands often. ~ Avoid close contact when you or someone you know is sick. ~ Get your flu vaccine.

Be prepared when traveling.

Are vaccinations required? ~ Are there special items such as sunscreen or insect repellent that you will need? ~ If you take medications, do you have enough for the trip? ~ If you're going on a cruise, learn the sanitation inspection scores for specific ships. Know what's happening en route or at your travel destination.

Be sensible.

If you drink alcohol, do so only in moderation. Excessive



alcohol use has immediate effects that increase the risk of many harmful health conditions. It is also the third leading cause of preventable death. Don't drink and drive or let others drink and drive. Women who are pregnant or trying to become pregnant should not drink any alcohol.

Be safe.

Gear up. Are you considering a new, potentially risky, or unsafe activity? Be sure to use appropriate safety gear, including seat belts, life vests, and helmets to help prevent injury.

Watch the sparks. If you decide to cook a romantic dinner, light some candles, or have a cozy fire, don't leave them unattended.

Be aware. Women are more likely to be victims of sexual violence, including intimate partner violence, than men. Risk factors such as drinking alcohol and using drugs are associated with a greater likelihood of violence.

Be sensitive.

Consider that your valentine may have allergies, asthma, diabetes, or other health conditions. You can be sensitive to your valentine by finding out if certain foods, flowers, pets, stuffed animals, or anything else might affect his or her health.

Since My Valentine Got A Computer

Since my Valentine got a computer
My love life has taken a hit.
Nothing I say is important
Unless it's a byte or a bit.

Before she got her new laptop,
Everything was just fine;
Now she says we can't talk
Unless we both go online.

"But honey," I said, "I'm attached to you;
Love is what I feel."
"That keyword isn't relevant,"
She said, with eyes of steel.

She clicked the keyboard furiously;
The screen was all she could see,
And then to my horror and shame,
She started describing me:

"Your motherboard needs upgrading;
Your OS needs help, too.
And you definitely need a big heatsink
To cool your CPU."

"Don't flame me, my sweet," I pleaded.
"Not on Valentine's Day."
"Fix the bugs, and I'll see," she said,
While looking at me with dismay.

"Whatever you want, my darling;
Whatever you need; you call it.
I'll upload or download anything,
And then I'll go install it."

(Her hostile CD keeps replaying,
And though I don't want to fight her,

Is this what I want for a Valentine?
I've been burned; can I rewrite her?)

"Are you all hard drive now," I asked
"Is there no software in you?
Don't you remember the good times?
Let our memories see us through."

"LOL," she said to me, chuckling.
"You're nothing but adware.
"I've got eight gigs of memory;
I've got no problem there."

"Please, honey, we can save it," I said.
"Our love means more than that."
"That's not in my cache; we're going to crash,"
She said, as she turned me down flat.

(This woman has really changed;
Do I really want to chase her?
More and more I'm thinking
It might be nice to erase her.)

"Aw, honey, don't talk like that," I said.
"Can't we just plug and play?
I hereby accept default,
And I'm yours, my love, come what may.

My goal is to make you happy;
I want to be your portal,
But your sudden, distant coldness
Would test the strongest mortal.

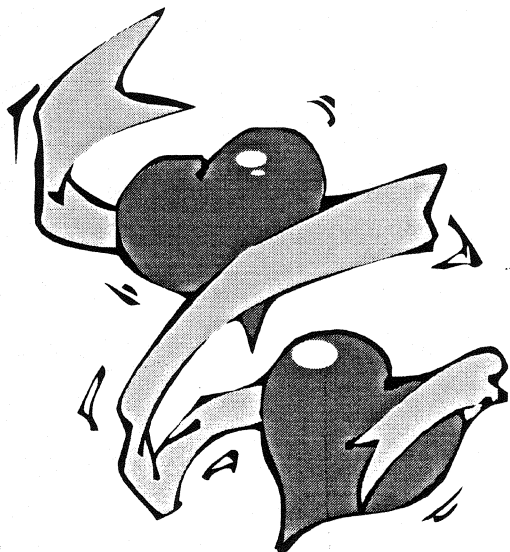
If we need a brand new interface,
So we can FTP,
I'm your go along, get along guy,
And I want you to stay with me."

"If you want to get into my favorites," she said,

And you want to get past my encryption,
 If you want to get through my firewall,
 Here is my only prescription."

"First, put up your own Web site,
 And e-mail me when it's done.
 I'll check your page rank with Google,
 And tell you if you're the one."

My life has become a real trial,
 Since my Valentine got a computer.
 If I want her to care about me again,
 I guess I'll have to reboot her.

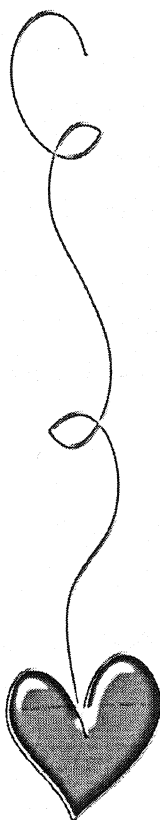


By Joanna Fuchs

www.poemsource.com

Happy Valentine's Day

- Candle Light
- Cards
- Chocolate
- Cupid
- Date
- Dinner
- First Kiss
- Memories
- Movie
- Pink
- Poem
- Proposal
- Red
- Romance
- Roses
- St. Valentine
- Sweetarts
- Teddy Bear
- True Love



B Q Q J D F I R S T K I S S N T I U K O
 O C Q E Z Y D P K K G E Y O D H J Q K A
 X Z T S H E J F P I U I W C U G R J T U
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 D E H K Q K U D V T I G E S N C G Q C C
 B A C H O C O L A T E B Q D I P U C T O
 J R V D C F X T N E S Y R J J I Z T A F

TENANT NOTICES



TENANT LOCKOUTS AFTER HOURS ARE REQUIRED TO CALL JOHN. If you have a lockout during business hours, call or come to the office. Leave Ruth Crawford alone, she is **NOT** your personal doorman. Contacting Ruth directly for a lockout is a lease violation and can result in eviction.

SHOPPING CARTS are for tenants to bring items from your vehicle to your apartment and vice versa. They must be returned to the lobby immediately after use. Failure to do so is a lease violation and can result in eviction.

PET WASTE is again being left on the lawns of housing property. All pet owners must pick up the solid waste and dispose of it properly. If you can't bend over, get a pet scoop or get rid of the dog. Every time you take the dog out, bring a bag with you. All tenants are informed of this policy at move-in and it is included in the lease. Failure to follow this policy is a lease violation and can result in eviction.

NO SMOKING is allowed in any Housing Authority building. It is a clear lease violation and you will be evicted. Do not let friends and family smoke while visiting. It is not your right to damage property and endanger others health. If you want to smoke in your apartment, find another place to live.

When writing checks for change at the window, please make the check out to cash. Bank requires this now.

ELEVATOR LOCK-OFF requires advance notice. If you are moving things in or out and need the elevator locked-off you must contact the office at least 24 hours in advance. Do NOT plan on doing anything before 8 AM or during lunch time (11AM - 1PM) on the weekdays.

TRACKING MUD into the building is just plain carelessness. Use the sidewalks to avoid the mud and wipe your feet on the mats at the building entrance. We will charge you \$50 for clean-up when you track in on the carpet or stairwells.

TENANT POTLUCK is Friday, Febr. 13th in the Apollo community room. It is planned for the 2nd Friday of each month. Bring a dish and join your fellow residents for food and visiting.

TENANT MOVIE NIGHT is Thursday, Febr. 26th. Title and location will be announced closer to date. Movie night is the 4th Thursday of each month.

WORK ORDERS should be called into the office as early in the day as possible. Maintenance leaves at 4PM so anything that requires much time will have to wait till the following day. If you call late Friday afternoon, unless it's an emergency, you will wait till Monday for repairs.



Please respond in a timely manner to any requests from Atchison Housing. Continuing to live here depends on it.



President's Day - February

16th The office will be closed and there will be no maintenance available. In an emergency please call **785-447-9352**

SPRAY DAY - Wednesday February 11th is bug spray day for Parkview & Tolin. Spray day is always the second Wednesday of the month and will start around 8:30 AM. Parkview and Tolin are the even months and Apollo the odd.



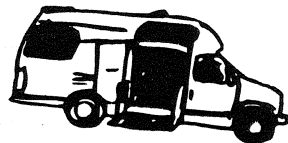
*Beauty Shop
Arlene Stewart*

*For an appointment, call
(785)630-0742*

*Located on the first floor of
Apollo Towers by
the community room.*

Unit inspections for units 11- 20 at Tolin Terrace are scheduled for **Thursday, February 12th**. You do not have to be present but will begin around 9AM.

For information or questions on the Friendship Meals program, please call 632-5767 or contact Amber in the Nutrition Office located next to the south entrance of Apollo.



General Public Transportation Mini-Bus Service

Call 632-2447 and schedule your ride today!